The importance of Scientific Interpretation of Hindu Dharma for Modern Young Generation

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'Science is engrained deeply in Sanatana Dharma'. With an aim to remind Hindus and particularly to the modern youth about the scientific nature of the *Hindu Sanatana Dharma*, Wider Association for Vedic Studies (WAVES India), Sad-vichara Manch, and Bhagirath Seva Sansthan of Ghaziabad jointly organised an international symposium on The '*Importance of Scientific Interpretation of Hindu Dharma for Modern Young Generation*' on January 24, 2021. The esteemed panel of speakers from outside India, consisted of His Holiness Shri Rajrajeshwar Guruji, Founder, International Siddhashram Shakti Center, London; Professor (Dr.) Diwakar Sukul, CPsychol, Founder - The Kamkus Clinic, Chartered Clinical Psychologist, London; Dr. Azad Kumar Kaushik, Professor of Immunology, University of Guelph, Canada; and Sh. Norbert Weiss, Vedic Scholar, Germany. Shri R.N. Pandeya, Dr. Chand Bharadwaj, Dr. Kamna Vimal Sharma, Dr. Aparna (Dhir) Khandelwal and Dr. Vikas Sharma represented discussants' panel at the symposium. The symposium was moderated by Dr. Shashi Tiwari, President, WAVES India while Prof. Diwakar Sukul invited speakers and moderated the flow of the discussion with his expert's comments.

The symposium began with the Veda patha - Samveda (Brihadsamhita-patha) by Dr. Rishiraj Pathak. Dr. Shashi Tiwari narrated about the glorious journey of 25 years of WAVES India with it achievement. Shri Krishna K. Dixit sketched out the contributions of the coorganisations i.e. Sadvichara Manch and Bhagiratha Seva Sansthana in the fields of social service, education and culture.



Dr. Azad K. Kaushik pointed out the great disconnect of present generation with its ancestors' India and reaffirmed the fact that Vedic civilization has given to the world - Dharma and spirituality which are related to Science. We are surviving due to our ancestors' efforts. They knew many things which we invented in modern knowledge. Big-band theory is one of them.

Shri Rajrajeshwar Guruji from London talked about the ways to engage young generation. He emphasized upon the need to install *Sanskars* in childhood and thru parents should try to guide them towards Dharma. Gita and Ramayan must be in each Hindu home. Gradually children will ask and knew about them.

Sh. Norbert Weiss, through daily life instances, proved the science in the various concepts and practices of Hindu Dharma. Vedic deities represent powers so they are functional in nature. Consciousness is most valuable commodity with us so we should work for its awaking through meditation. Mantras create vibration and thus help in awaking of consciousness. He also referred to his way of teaching jyotish and dharma to the western world.

Summing up the discussion, Prof. Diwakar Sukul described the human being as '*Sukha-dharmi*' so he desires happiness in his every act. Hindu Dharma gives freedom - freedom to choose any ancient scripture for understanding Hindu principles. We have many books as basis of Dharma. In brief, he declared the plurality of thoughts, and eternity of its concepts as the reason for its being 'Sanatana.'



While Sh. R. N. Pandeya refuted any scope of Hindu Dharma being unscientific in any way, Dr. Chand Bhardwaj established the connection between scientific and Dharmic theories. He said that wherever the attention goes, the divine energy flows. Dr. Kamna Vimal underlined the correlation between Hindu and Sanatana Dharma and also pointed out its concept of plurality. Dr. Aparna (Dhir) Khandelwal questioned the rationale behind the various *upayas* as prescribed in Hindu rituals. Dr.Tiwari emphasized upon the nature of the Hindu symbolism.

The symposium reached its culmination with note of thanks by Sh. Krishna K. Dixit ji.
